THE WEEKLY WRAP

THIS WEEK...

Banana Pudding In a Bag

Be sure to post the amazing dishes you and your family make on social media using #NKHNC #GetCooking

Bon Appetit!

1. In a large zip-top plastic bag, add granola. Squeeze any air out of bag and seal. Lightly crush granola using a can or the bottom of a measuring cup.
2. Peel bananas. Use your fingers to break them up into the bag of crushed granola.
3. Add applesauce and yogurt to banana mixture in bag.
4. Press out any extra air before sealing bag again.
5. Use your fingers to squish and mash ingredients together until well blended.
6. Chill pudding inside sealed bag in the refrigerator until ready to serve.

WHAT'S ON TV?

LITTLE WOMEN

Set against the backdrop of a country divided, the story follows the four March sisters on their journey from childhood to adulthood while their father is away at war.

For a complete schedule of UNC TV at home learning programs, go here!

Created By: Tionna Ryan
**Move Your Body**

Turn up the tunes and shake it off! No prep needed, no special materials required, but still lots of fun! Take turns picking high-energy songs for a rousing good time. A simple dance party can definitely be fun for the whole family. Maybe one of your children wants to break out their inner choreographer and plan a dance for the whole family. Or just turn up the music and get to grooving.

**Things to Do at Home**

Hey Students! For the next few weeks we’re going to be showing new and fun enrichment activities you can do right at home through PBS Learning Media!

**Joke of the Week**

What do you call someone with no body and no nose?

Nobody knows.

**Daniel Tiger:**

*Life's Little Lessons*  
*(Pre K–3)*

**Milly Zantow:**

*Recycling Revolutionary*  
*(4–8)*

**Legacy of E=MC2**  
*(8–12)*

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**Find Free, Healthy Meals for Kids**

During COVID-19 School Closures in NC

- **Text FOODNC to 877-877**  
  to find pick up and drive-thru locations near you.

- **Use the Map at NoKidHungryNC.org**  
  to find pick up and drive-thru locations near you.

- **Find information on delivery meals**  
  by visiting NoKidHungryNC.org/MealUpdates

- **Check with your local school district**  
  for the latest updates on its website or social media.